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US NAVAL ACADEMY







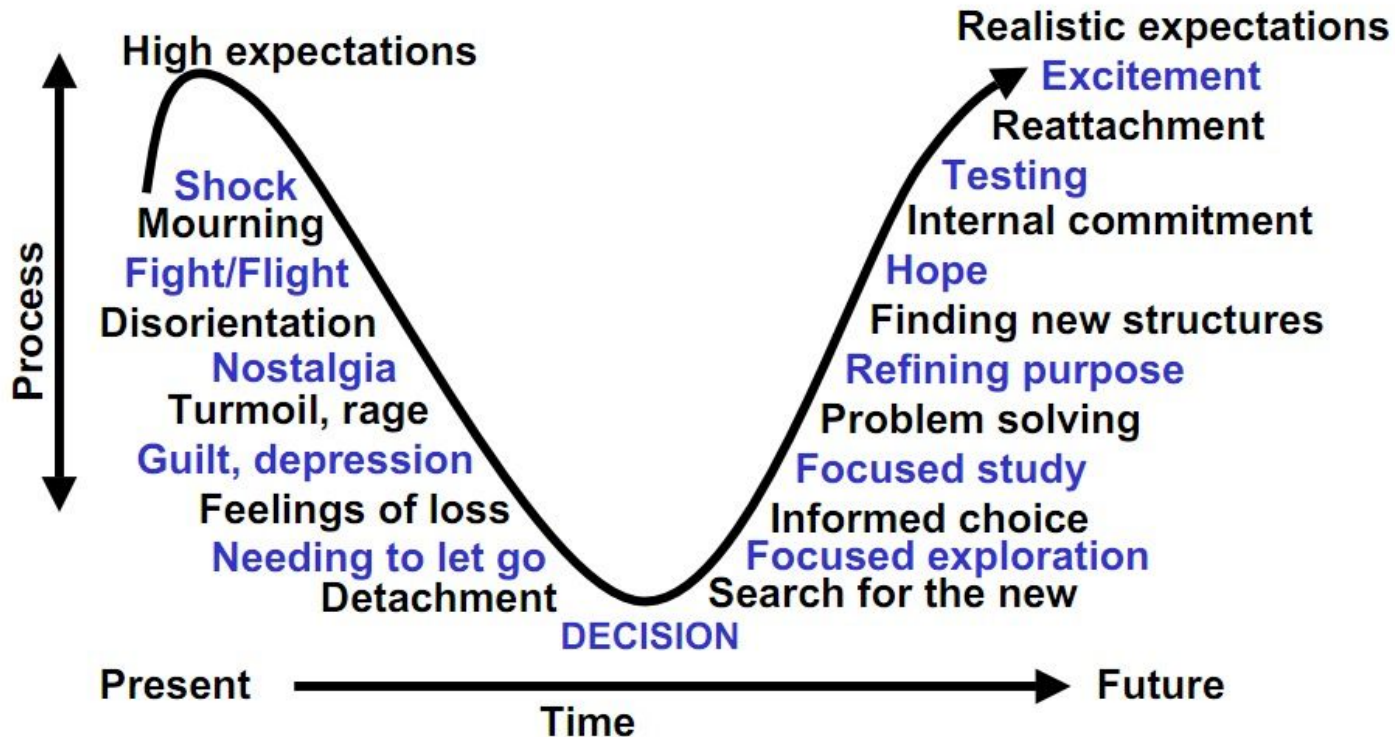
**“LEAD, FOLLOW, OR GET THE
HELL OUT OF THE WAY”**





The Roller Coaster of Change

Change is announced



REAL LEADERSHIP



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RESILIENC EE A L



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RESILIENC EVOLUTION A L



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RESILIENC EVOLUTION ATTITUDE L



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RESILIENC EVOLUTION ATTITUDE LEGACY



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RESILIENCE

?



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RESILIENCE

**“THE ABILITY OF AN OBJECT TO ASSUME
ITS ORIGINAL SHAPE AFTER BEING BENT,
STRETCHED, OR MISFIGURED”**



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**WHAT DOES IT TAKE
TO BE A SEAL?**















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HELL WEEK















SEAL Team Ethos:

**“I WILL NEVER QUIT.
I PERSEVERE &
THRIVE ON
ADVERSITY ...**

My nation expects me to be physically harder and mentally stronger than my enemies. If knocked down, I will get back up, every time.”



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RESILIENC

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-SENSE OF PURPOSE



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PURPOSE

“Duty, Honor, Country.
Those three hallowed words
reverently dictate what you
ought to be, what you can
be, what you will be.”

General Douglas MacArthur



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**WHAT IS YOUR
PURPOSE?**



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-SENSE OF PURPOSE



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RESILIENCE EVOLUTION A L

-SENSE OF PURPOSE



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EVOLUTION ?



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EVOLUTION

“THE GRADUAL DEVELOPMENT FROM
A SIMPLE TO A COMPLEX FORM”



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**WITH CHANGE COMES
OPPORTUNITY**

















SEAL Team Ethos:

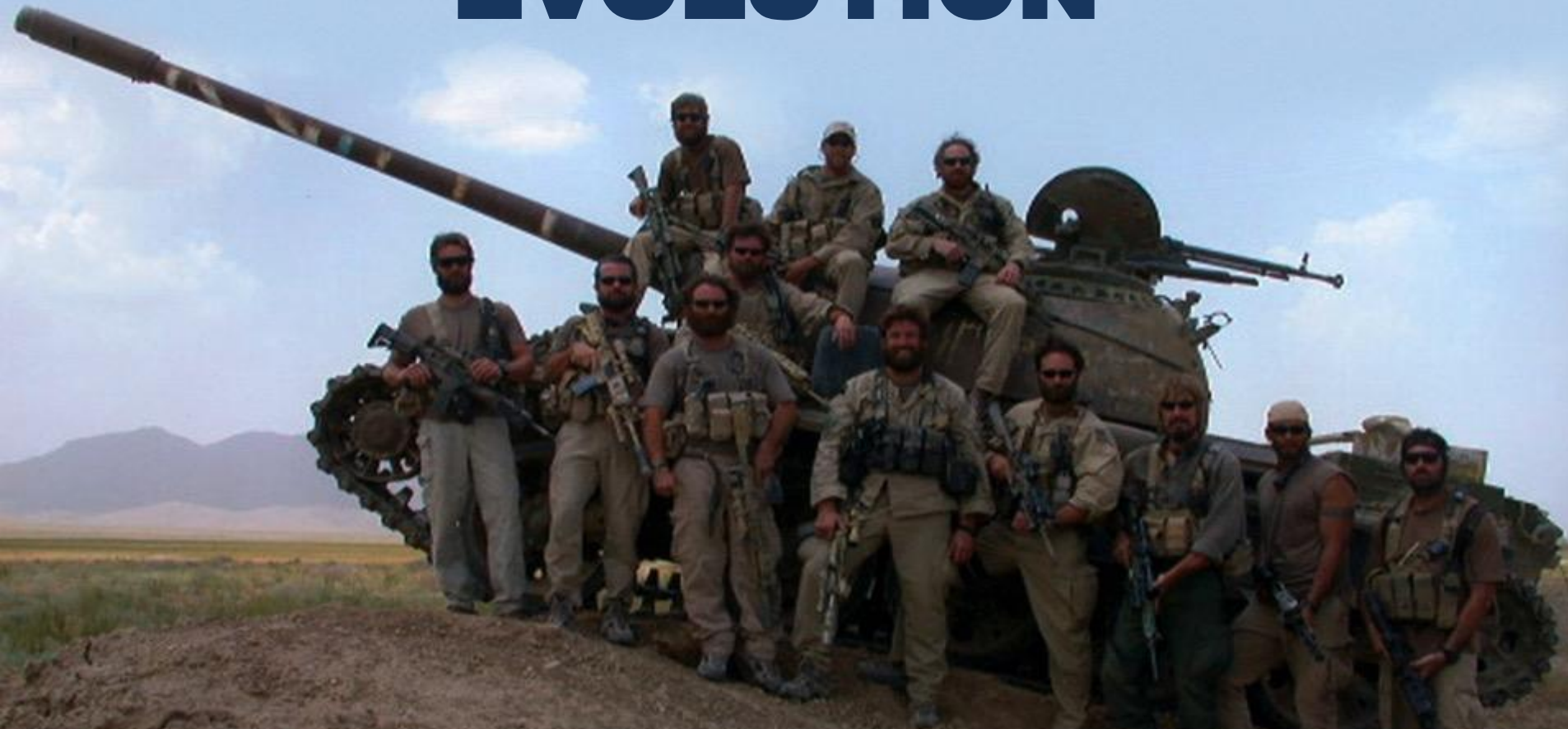
**“WE DEMAND DISCIPLINE.
WE EXPECT INNOVATION.”**

The lives of my teammates and the success of our mission depend on me – my technical skill, tactical proficiency, and attention to detail.



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EVOLUTION



DEFINE WINNING

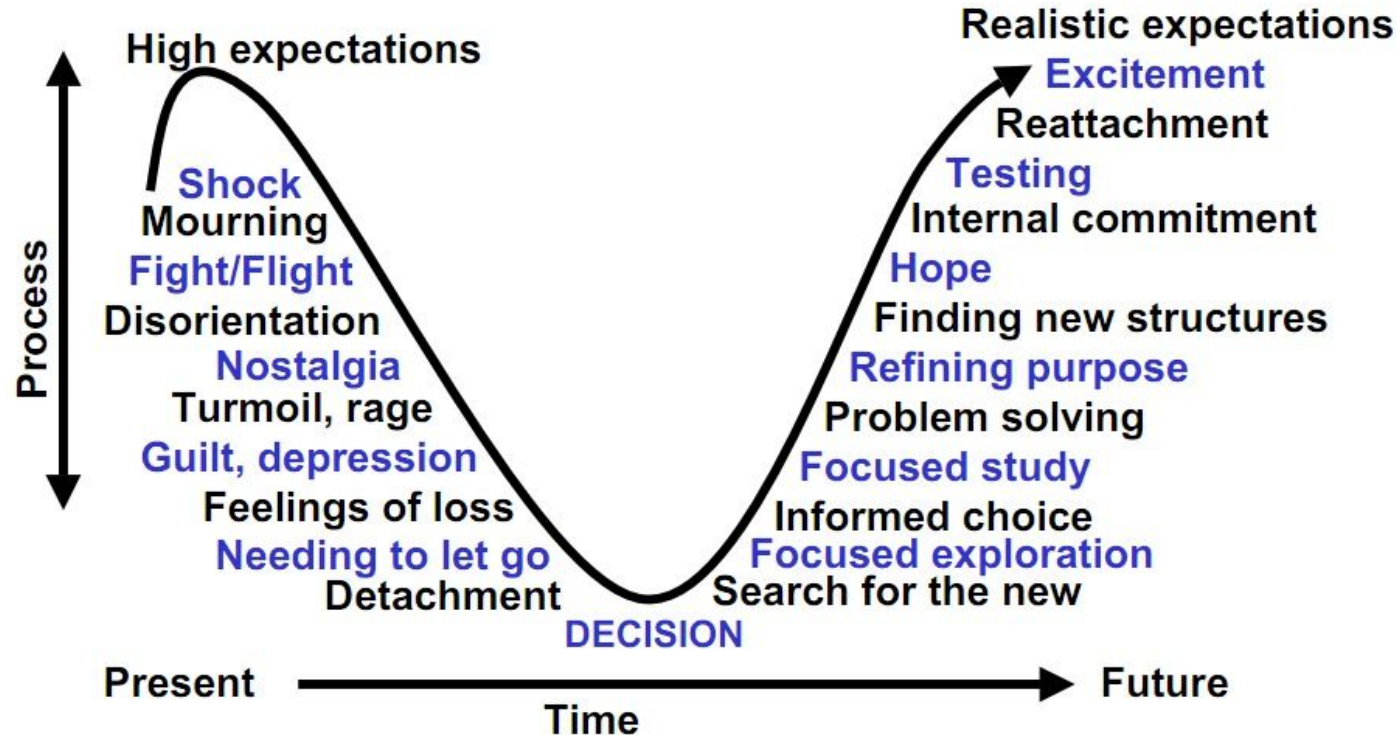
WHAT IS THE BIGGER PICTURE?



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The Roller Coaster of Change

Change is announced



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RELATIONSHIPS



RESILIENC EVOLUTION A L

- SENSE OF PURPOSE

- MENTOR/COACH



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RESILIENC EVOLUTION ATTITUDE L

- SENSE OF PURPOSE

- MENTOR/COACH



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ATTITUDE ?



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ATTITUDE

IT'S A CHOICE.



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ATTITUDE

IT'S A CHOICE.

"Positive Attitude is Force Multiplier"

-Tommy D



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RESILIENC EVOLUTION ATTITUDE L

- SENSE OF PURPOSE

- MENTOR/COACH

- VISION/ENERGY



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RESILIENC EVOLUTION ATTITUDE LEGACY

- SENSE OF PURPOSE

- MENTOR/COACH

- VISION/ENERGY



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LEGACY ?



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5 YEAR PLAN?



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10 YEAR PLAN?



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200 YEAR PLAN?



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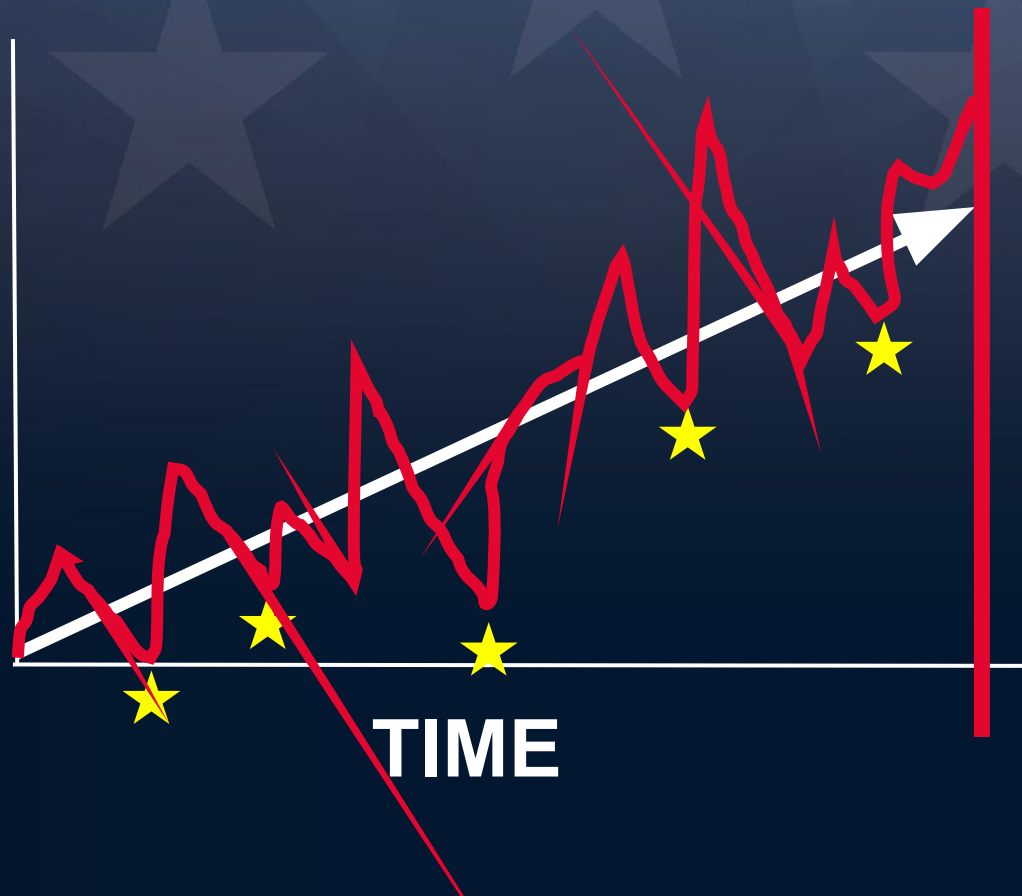
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SIGNIFICANCE



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LEGACY

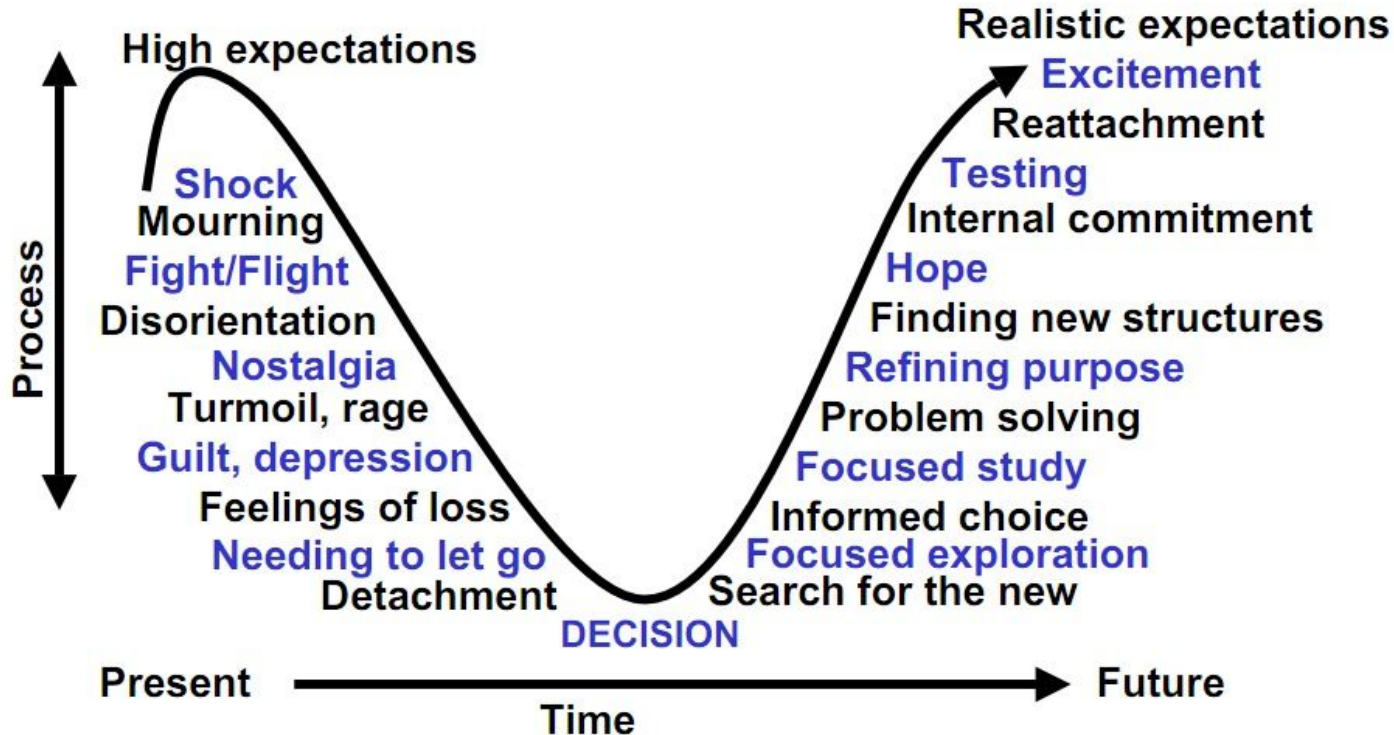
Latin from *legatus* “Person delegated”



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Change is announced



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Kings Island

WOODSTOCK



Kings Island

WOODSTOCK



REAL LEADERSHIP



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RESILIENC EVOLUTION ATTITUDE LEGACY

- SENSE OF PURPOSE

- MENTOR/COACH

- VISION/ENERGY

- 200 YEAR PLAN



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BATTLEFIELD EXPECTATION

**IN THE ABSENCE
OF ORDERS OR
DIRECTION, TAKE
CHARGE & LEAD**



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Interactive Media



**Executive Life Hacks –
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Blodgett**

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**Executive Life Hacks –
Organization and Balance
with Laura Buchanan**

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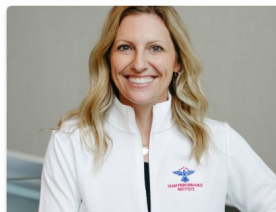
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